



## Meeting Minutes Date: February 27, 2013

**Attendees:** Abbi Palsma, Laurie Simonson, Renee Moelders, Sheila Denny-Andrews, Lynn Robinson, Arlis Esnough, Pat Shepard, Lance Bolson, Lori Fuchs, Dale Pust, Patti Newby, Jan Rogers, Lauri Dahlberg, Chris Schroers

**President Report:** - Chris Schroers

- Nothing to report.

**Vice President Report:** - Renee Moelders

- Renee is looking for ideas for next year's speakers. If you have any suggestions, please contact her.
- Renee is looking into setting up a MN-Dak Chapter seminar and survey feedback indicated that September or October would be the preferred time period. She also found out that other associations offset their speaker costs by getting sponsorship. Lori Fuchs volunteered to check into the possibility of vendor(s) sponsorship. More information will be sent as soon as details are firmed up.

**Secretary Report:** - Sheila Denny-Andrews

- Nothing to Report

**Treasurer Report:** – Dale Pust

- The current cash balance is \$2,938.
- Dale will be sending out local chapter dues statements shortly.

**National:** - Laurie Simonson

- Nothing to report

**Other:** -

- Dale Pust participated as a panel member for the "Creating An Engaging Culture That Is Fun!" webinar put on yesterday by Convergence Coaching. Dale talked about his firm's "Team COOL" (Committee Organizing Outstanding Leisure) concept.
- Renee discussed the upcoming annual survey of professional's salaries that our MN-Dak chapter completes. 5 people have volunteered to help with the survey implementation. The survey will be e-mailed out on Monday, April 22.

**Program:** Christy Geiger of Synergy Strategies discussed "**Energy Management; The Secret to an Engaged Life**":

- Energy management is the ability to expend and recover oneself to maintain high performance
- Christy went through the four components of energy (Spiritual, Mental, Physical and Emotional) and how to overcome energy barriers.